

oxidative

stress

Oxidative Stress causes or contributes to a variety of health conditions, cellular malfunctions and disease processes. Antioxidants, found in a variety of natural foods, counteract the damaging effects of oxidative stress. Pyroluria deficient nutrients, zinc and vitamin B6, are essential for the body to manufacture potent antioxidant enzymes capable of destroying many oxidative molecules. The list below is an example of conditions in which **oxidative stress** is associated.

Oxidative Stress

Abnormal blood clotting

Accelerated ageing

Age-related macula degeneration

Alzheimer's disease

Amyotrophic lateral sclerosis

Atherosclerosis

Baldness

Brain damage

Cancer

Cataracts

Cellular DNA damage

Cellular RNA damage

Cerebral hemorrhage

Chronic fatigue syndrome

Crohn's disease

Dementia

Decreased learning ability

Emphysema

Erythropoietic protoporphyria

Gallstones

Hangover

Hypertension

Inflammation

Inflammatory disorders

Liver spots

Lung damage

Male infertility

Memory impairment

Mental health problems

Multiple sclerosis

Muscular atrophy

Neuropathy

Osteoporosis

Otosclerosis

Pancreatitis

Parkinson's disease

Retinopathy

Rheumatoid arthritis

Rupturing of red blood cells

Shortening of telomeres

Ulcerative colitis

Wrinkles